

15th championship of the World Shotokan Karate-do Association



WSKA 2019

**WORLD
SHOTOKAN
KARATE-DO
ASSOCIATION**

ODIVELAS | PORTUGAL



Richard Poole

President

World Shotokan Karate-do Association

Welcome to the 15th championship of the World Shotokan Karate-do Association

We are immensely grateful to the organizing committee of the Liga Portuguesa de Karate-do Shotokan (LPKS) for hosting our championship in the city of Odivelas, situated in the old district of Lisbon in Portugal.

Although the LPKS has been a long standing member of ESKA and has hosted the championships on no less than 3 previous occasions, this is the first WSKA championships to be hosted in Portugal.

We look forward to enjoying the hospitality for which the people of Portugal are renowned.

Every two years at these championships we are privileged to experience the most outstanding examples of traditional Shotokan karate from the many countries comprising WSKA.

We pay tribute in advance to the work of all the referees, judges, table officials, the medical team and all staff and volunteers who have all contributed to the organisation of this championship. Most importantly we acknowledge the commitment and expertise of the competitors and their coaches in preparing for the challenges of international competition.

WSKA championships are characterised by the fiercely competitive nature of matches on the tatami and the high value placed on mutual respect and standards of etiquette.

We look forward to an exciting event which will bring to Odivelas the very best of traditional Shotokan karate.



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Welcome to the 16th World Shotokan Karate-do Championships!



José Rocha Ferreira

President

LPKS

The Portuguese Shotokan Karate League (PSKL) is proud to host and organise, for the first time, the World Shotokan Karate-Do Championships. The young, but full of History, city of Odivelas, European City of Sport 2020, will be your host for this year's event. Throughout the year, our team has been fully supported by the City Council and its specialised Sports Division. These public authorities fully believe in our team's organisational capabilities as well as how important this event is in both the national and international panoramas.

In this town, athletes, delegations and public alike will find every comfort they need. I sincerely believe that this event will be yet another step in both preserving and augmenting the number of karateka practising and embracing our style.

On a more personal note, a special commendation ought to be made to the Portuguese National Team, for both their true commitment to the sport and their understanding of the honour and duties of representing their country. Additionally, we must also highlight:

- All the athletes who gave their all on the trials, but who were not selected to the squad;
- The coaching staff, who leads and guides the athletes and unites their efforts in an exemplary manner;
- The Associations who, directly or indirectly, have contributed to make this event a reality;
- ANAM (the local branch of the hosting team), whose perseverance and organisational skills have ensured we achieved all our goals in a timely manner, leading us to foresee an excellent championship.

You have our thanks and we wish you success in all your endeavours. Your contribution to the rise in the numbers of Shotokan karateka is both indispensable and increasingly evident.



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WSKA 2019 – Portugal, Odivelas

The City

As you all know by now, the WSKA 2019 Karate championships will take place in Odivelas, Portugal.

Odivelas is one of the youngest municipalities in Portugal, having been created in 1998.

With a population of around 150.000, it extends itself for 26.4 square Km, and is adjacent to Lisbon, Portugal's capital city.

Odivelas has a very relaxed lifestyle to offer, with several beautiful parks, fine restaurants, and amazing delicatessen, such as Portugal's best "pastéis de nata" – from Viriato – or the traditional "marmelada de Odivelas", the heritage of the monastery nuns from the XV century.



The weather in September will still be warm, with temperatures probably ranging from 16°C to 26°C and a very low probability of rain, granting you the opportunity to spend quality time outdoors.



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The Sports

Odivelas is also a very sports oriented city. It will be the European City of Sport in 2020, and over 1000 people practice karate daily in Odivelas, making it one of the most relevant sports in this city, and a perfect location for this championship.

The venue will take place in the Municipal Sports Center, which has an attendance capacity of 2000 people and an area of 1440 square meters, a secondary hall of 640 square meters, 8 changing rooms and a restaurant.

It is located about 12 km away from the Lisbon airport, a 20 min journey, in a very urban area with several restaurants nearby.



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The Accommodation

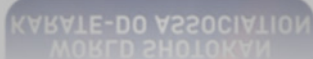
All the delegations will have to stay in adjacent locations such as Lisboa or Sintra, because accommodation is non-existent in Odivelas. The organization will provide transportation to and from the official hotels, at a one-off cost of 35€/person for the whole event.

Hotel Amazónia Cruz Quebrada 4* (WSKA 2019 Headquarters)

Avenida Tomás Ribeiro, 129
 Linda a Pastora 2790-466
 Queijas

23 km away from the Sports
 Center

Single room 84,00€
 Double room 94,00€
 Extra bed 38,00€





Pestana Sintra Golf 4*

Quinta da Beloura , Rua Mato da Mina, n.º 19 , 2710-692 Sintra

30 km away from the Sports Center

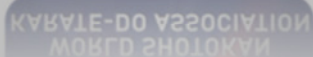
Single room 100,00€
 Double room 122,00€
 Extra bed 42,00€



Turim Saldanha Hotel 4*

Rua Pedro Nunes, 16, 1050-171 Lisbon

12 km away from the Sports Center





**Holiday Inn Express Lisboa
 Aeroporto 3***

Rua da Guiné, 18, 2685-334
 Prior Velho, Lisbon

5 minutes away from Lisbon
 Airport and 12 km away from
 the Sports Center



**Holiday Inn Express Lisboa
 Alfragide 3***

Rua Quinta do Paizinho n° 11
 Portela de Carnaxide 2790-236
 Carnaxide, Lisbon

12 km away from the Sports
 Center

Double room 100,00€



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**Holiday Inn Express Lisboa –
 Oeiras 3***

Av. D. Félix Niza Ribeiro Porto
 Salvo - Oeiras, Lisbon, 2740-314

20 km away from the Sports
 Center

Double room 86,00€



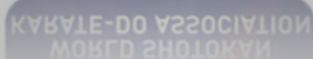
Please note that the prices do not include the touristic tax of around 2€ per day, to paid at the hotel.
 All prices are for bed and breakfast.

To book rooms in these hotels, please contact the organization at WSKA.Portugal@gmail.com

The deadline is the 7th of June! After that, the organization cannot guarantee neither the availability nor the prices agreed upon for these hotels

The organization will provide a booking form for both hotels and transfers.

Delegations choosing to stay at other hotels may also use the transportation provided by the organization, at the same price, bearing in mind that buses and vans depart exclusively from the official hotels. Delegations choosing this option shall also contact the organization at WSKA.Portugal@gmail.com, requesting the transfers using the relevant form, in order to make sure all logistics are perfect.





Sayonara party

The sayonara party will be held at a club booked exclusively for the event.

A dinner will be served, comprised of 1 dish of meat and 1 dish of fish, non-alcoholic beverages, desert and coffee.

After dinner, 2 dancefloors will be available until 4 am, with both club music and latin music.

The price will be 25€ per person.

Any specific issues you would like the organization to help you with, please contact us at WSKA.Portugal@gmail.com.

May karate be with you.



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SCHEDULE OF ACTIVITIES

Wednesday 18th September:

| | |
|--|---------------|
| Judging Committee Meeting | 09.00 -11.00 |
| Referee course Signs/signals, behaviour, essentials, recording, video clips discussion | 12.00 -18.00 |
| Technical committee meeting | 19.00 - 20.00 |

Thursday 19th September:

| | |
|---|---------------|
| Meeting Executive Board | 09.00 -11.30 |
| Referee course examination. (Clips) | 09.30 -11.30 |
| Coaches Meeting | 14.00 - 15.00 |
| *Referee course examination (Judging) | 13.00 - 16.30 |
| *Referee Course Kata Standardisation (referee/judges must attend, coaches invited) | 17.00 - 19.30 |



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Friday 20th September:

| | |
|------------------------------------|----------------|
| Referee course written examination | 09.00 - 12.00 |
| Congress | 09.00 - 11.30 |
| Referee alignment meeting | 11.30 - 12 .00 |

Championships:

| | | |
|-------------------------------------|-------|-----------------------|
| Friday 20 th September | 13.30 | Cadet events |
| Saturday 21 st September | 09.00 | Youth & Junior events |
| Sunday 22 nd September | 09.00 | Senior events |

* indicates that Gi's will be required



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Categories

A Youths 14 and 15 Years of age

- | | | |
|---|--------------------------|-----------------|
| 1 | Male individual Kumite | (4 per country) |
| 2 | Male individual Kata | (4 per country) |
| 3 | Female individual Kumite | (4 per country) |
| 4 | Female individual Kata | (4 per country) |

nb: 14/15 year olds can participate in Cadet Kata categories (but not Kumite)

B Cadets 16 and 17 Years of age

- | | | |
|---|--------------------------------|-----------------|
| 1 | Female Cadet Individual Kata | (4 per country) |
| 2 | Female Cadet Individual Kumite | (4 per country) |
| 3 | Female Cadet Team Kumite | (3 person team) |
| 4 | Male Cadet Individual Kata | (4 per country) |
| 5 | Male Cadet Individual Kumite | (4 per country) |
| 6 | Male Cadet Team Kumite | (3 person team) |

Note: Cadets can participate in Junior Kata and Kumite categories

C Juniors 18, 19 and 20 Years of age

- | | | |
|---|---------------------------------|-----------------|
| 1 | Female Junior Individual Kata | (4 per country) |
| 2 | Female Junior Individual Kumite | (4 per country) |
| 3 | Female Junior Team Kumite | (3 person team) |
| 4 | Male Junior Individual Kata | (4 per country) |
| 5 | Male Junior Individual Kumite | (4 per country) |
| 6 | Male Junior Team Kumite | (3 person team) |

Note: Juniors can participate in Senior Kata and Kumite categories

D Seniors 21 Years and above

- | | | |
|---|---------------------------------|-----------------|
| 1 | Female Senior Individual Kata | (4 per country) |
| 2 | Female Senior Individual Kumite | (4 per country) |
| 3 | Female Senior Team Kata | (3 person team) |
| 4 | Female Senior Team Kumite | (3 person team) |
| 5 | Male Senior Individual Kata | (4 per country) |
| 6 | Male Senior Individual Kumite | (6 per country) |
| 7 | Male Senior Team Kata | (3 person team) |
| 8 | Male Senior Team Kumite | (5 person team) |

E Team Kata

- | | |
|---|-----------------------------------|
| 1 | Female Junior (14 -20 Years) |
| 2 | Female Senior (18 years and over) |
| 3 | Male Junior 14 - 20 Years |
| 4 | Male Senior (18 years and over) |



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